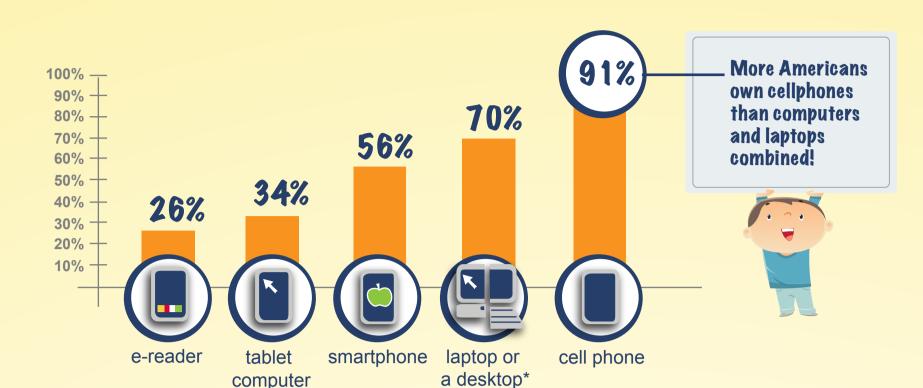
Our kids are growing up in a connected world that's not always easy to navigate. Smart phones and tablets are now competing for screen time with television, the Internet, and computer and video games; offering increased opportunities for engagement, entertainment, and education. With this growing stream of new digital resources at our fingertips, how do we safely incorporate them into our family lives and parenting practices?

Connected Tech is Almost Universal

What percentage of US Adults own various connected devices?



Parents Use Mobile Devices for their Kids

How are American parents using smartphones & tablets in parenting?



have downloaded an app specifically for their children



think watching media on smartphones/tablets is the same or more convenient than TV



use their mobile devices to calm their children down



allow their kids under 13 to use their smartphones/tablets

Even Toddlers Are Tech Savvy Many Young Kids Learn Tech Skills before Life Skills

use a smartphone app than tie their shoes.

More 2-5 year olds can

play computer games than ride a bike.

More kids ages 2-3 can

to access the Internet than swim.

More small children know how









What can parents do to help keep kids safe?



Restrict content/

website access

Stay with your children when they're using technology. Like a hammer or handsaw, technology is a tool that can be useful, powerful, and dangerous.



Control deleting/ installing permissions



No setting or app can replace good parenting!

Reports on

online activity

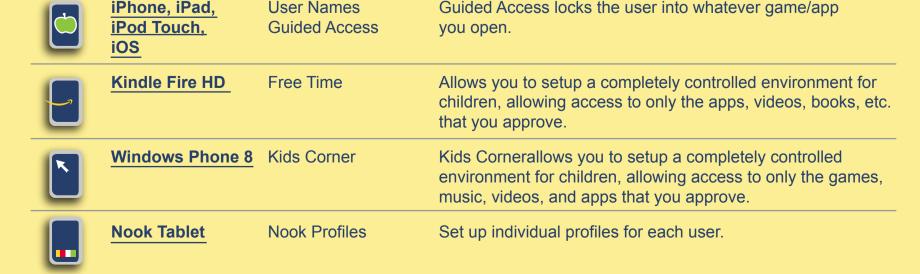
"Help kids learn how to properly & safely use these tools, while educating them (appropriately) about the dangers & risks.

Common Technology Platforms Often Have **Built-In Protections** These tools are already built into popular devices, and they can be helpful –

Device/Platform What to Look For **Details** Windows PC Family Safety All Windows users, with any version made since 2001,

if you know where to look!

can add Family Safety from Windows Essentials. Parental Controls Apple: Mac Apple's Mac operating system has a variety of (OS X Parental Controls that are set by user name.



Many third party apps are also available to help keep families safe. Be sure to read reviews carefully and personally test out any software or setting that claims to add safety or educational benefits for your children.

An infographic from facebook.com/KiddieAcademy



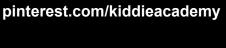
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SOURCES:

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