

Menu Rotation

1	Breakfast	Lunch	PM Snack
MON	WG Turkey Sausage Breakfast Pizza Fresh Banana Milk	WW Grilled Cheese Sandwich Mixed Veggies Orange Slices Milk	Veggie Straws Apple Slices Water
TUES	WG Pancakes Fresh Banana Milk	Homemade WG Baked Ziti w/ Meat Sauce Corn Fresh Pear Slices Milk	WW Cheese Toast Water
WED	Fruit Smoothie WW Toast Water	WG Chicken Nuggets Homemade WG Rice & Broccoli Casserole Fresh Watermelon Milk	WW Chex Mix Applesauce Water
THUR	WG Bagels w/ Cream Cheese Fresh Apples Milk	WG Fish Sticks Green Beans Fresh Oranges Milk	Graham Crackers Fresh Apple Slices Water
FRI	WG Cheerios Fresh Oranges Milk	Cheese Quesadilla on Wheat Tortilla Mixed Veggies Fresh Pears Milk	Fruit and Grain Cereal Bar Juice

2	Breakfast	Lunch	PM Snack
MON	WW English Muffin w/ Cheese Fresh Banana Milk	Cheesy Turkey Hotdog Roll Up on Wheat Tortilla Fresh Cooked Carrots Fresh Apple Slices Milk	Wheat Thins w/ Cream Cheese Water
TUES	Raisin Bread Fresh Banana Milk	WG Steak Fingers Homemade Mashed Potatoes Fresh Apple Slices Milk	WG Soft Pretzel String Cheese Water
WED	Bean & Cheese Breakfast Taco in Wheat Tortilla Fresh Pears Milk	Taco Salad w/ Ground Beef Pinto Beans Fresh Oranges Milk	Homemade Banana Bread Water
THUR	WG Cinnamon Roll Fresh Oranges Milk	Cheeseburger on WG Bun Green Beans Fresh Watermelon Milk	Ritz Crackers w/ Cheese Water
FRI	Raisin Bran Cereal Fresh Apples Milk	Tuna Casserole Mixed Veggies Fresh Oranges Milk	Veggie Straws Juice

WG= Whole Grain Item

Water available each meal

3	Breakfast	Lunch	PM Snack
MON	WG Belgian Waffles Fresh Banana Milk	Sloppy Joes on WG Bun Baked French Fries Fresh Apple Slices Milk	Homemade Blueberry Muffins Water
TUES	Homemade Blueberry Muffins Fresh Banana Milk	Soft Beef Tacos on Wheat Tortilla Pinto Beans Lettuce & Tomatoes Fresh Watermelon Milk	Graham Cracker Scooby Cinnamon Sticks Fresh Apples Slices Water
WED	WG French Toast Sticks Fresh Apples Slices Milk	Homemade WG Beefy Mac & Cheese Mixed Veggies Fresh Pears Milk	WW Cheese Toast Water
THUR	WG Sausage and Pancake on a Stick Fresh Oranges Milk	WG Chicken Patty Homemade Mashed Potatoes Orange Slices Milk	WG Vanilla Wafers Apple Slices Water
FRI	WG Cheerios Fresh Pears Milk	Cheese Pizza W/ WG Crust Tossed Salad Fresh Oranges Milk	WG Cheese-Itz Juice

4	Breakfast	Lunch	PM Snack
MON	Egg and Cheese Omelet WW Toast Fresh Banana Milk	WG Chicken Fries Baked French Fries Fresh Watermelon Milk	Fruit and Grain Cereal Bar Juice
TUES	Turkey Sausage & Cheese Biscuit Fresh Banana Milk	WW Ham and Cheese Sandwich Baked Tater Tots Fresh Pears Milk	Ritz Crackers w/ Cheese Water
WED	WG Pancakes Fresh Apples Slices Milk	Homemade Bean & Cheese Burrito on Wheat Tortilla Green Beans Fresh Oranges Milk	Homemade Strawberry Muffins Water
THUR	Homemade Strawberry Muffins Orange Slices Milk	Homemade WG Chicken Alfredo Corn on the Cob Fresh Pears Milk	WG Goldfish Apple Slices Water
FRI	Raisin Bran Cereal Fresh Apples Slices Milk	WG Turkey Mini Corn Dogs Fresh Salad W/Cucumbers Fresh Apples Milk	Animal Crackers String Cheese Water

Menu Rotation Schedule

<u>WEEK</u>	<u>MENU</u>
July 3-7	1
July 10-14	2
July 17-21	3
July 24-28	4
July 31-Aug 4	1
Aug 7-11	2
Aug 14-18	3
Aug 21-25	4
Aug 28-Sept 1	1
Sept 4-8	2
Sept 11-15	3
Sept 18-22	4
Sept 25-29	1